

THE ANSWER  
*for*  
OUR TIME.

People have questions about all  
the suffering and brokenness they  
see in the world.



FROM *all* TIME.

TOB reawakens in our hearts a vision  
of truth, goodness, and beauty alive  
in creation from the beginning. It's  
nothing short of life-changing!



**WHAT IS A TOB CAMPUS?**

A Community of Persons where Everybody is Seen as a Gift. It's a way of looking at others that upholds the dignity of every human person. It's a way of living, in gratitude for God's love for us, that recognizes our mission to serve the needs of our brothers and sisters. It's a treasure for our time. The fruits of the Holy Spirit will be witnessed in the school hallways and beyond: charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control and chastity.

**Do you desire this for your school?**  
Encourage it! [TOBCAMPUS.ORG](http://TOBCAMPUS.ORG)

**How can parents learn more?**  
[RuahWoodsPress.com/Training/LearnTOB](http://RuahWoodsPress.com/Training/LearnTOB)



**Ruah Woods**  
PRESS

[www.ruahwoodspress.com](http://www.ruahwoodspress.com)

**WHY IS OUR SCHOOL  
TEACHING THEOLOGY  
OF THE BODY?**



REAWAKENING A CULTURE OF LIFE AND LOVE.

# WHAT IS THEOLOGY OF THE BODY?

TOB IS AN AWAKENING TO WHAT IT MEANS TO BE HUMAN.

**WHO WE ARE:**  
Body & Soul,  
Children of God,  
Made in His Image,  
Male and Female.

WHY WE ARE HERE.

WHAT IT MEANS TO LOVE.

HOW CAN WE FIND REAL HAPPINESS.

## WHERE DID IT COME FROM?

TOB is a particular understanding of the human person developed by Pope St. John Paul II, published under the title ***Man and Woman He Created Them: A Theology of the Body***. These Scripture-based reflections about God's original design for the human person provide a needed Christian anthropology for our times. TOB conveys the inestimable worth and dignity of the human person and the road to happiness which involves the gift of self, communion with others and with the Blessed Trinity.



Photo courtesy of Saint John Paul II National Shrine, Washington, D. C.

# WHY DO WE NEED IT NOW?

- Everyone deserves to know the truth about who we are as human persons: 'And the truth will set you free' Jn 8:32.
- TOB explains God's design for our nature which is a blueprint for moral living that adults and children can understand and apply to the hard questions about sex, gender, life, marriage and the ongoing quest for human fulfillment.
- TOB enhances the Catholic Identity of schools and parishes, inviting harmony and attracting more students and families to participate and join.
- TOB is the antidote to the scourge of pornography and many other cultural traps.
- After learning TOB, adults frequently say, "I grew up in Catholic schools, why has no one taught me this before? It would have saved me so much heartache had I only known!"

## WHAT TOB IS NOT...

- a chastity program.
- too hard for the common person to understand.
- a bunch of rules.
- only focused on human sexuality.
- revolutionary or a break with tradition.
- a biology textbook.
- a "fad" or trend.
- Sex Ed.
- just for married people.
- just for young people.
- just for old people.



## What is the **ROOTED: K-12** Theology of the Body Curriculum?

AGE-APPROPRIATE LESSONS derived from the original teaching of Pope St. John Paul II and the Catechism of the Catholic Church.

SUPPLEMENTAL COURSES that are easily taught alongside our current curriculum.

AUTHENTIC to teachings of Pope St. John Paul II. The writers and designers, all graduates of the JP II Institute for Studies on Marriage and Family, have worked directly from St John Paul II's texts.

ENJOYABLE TO EXPLORE for both teachers and students alike — an engaging approach to open minds to discovering truth through the deep beauty of the concepts at every age.

CHURCH APPROVED with the imprimatur from the Archdiocese of Cincinnati serving as your assurance that all teaching is in conformity with the magisterium of the Catholic Church.