

ST. MARY, MOTHER OF GOD



Mary and Joseph helped each other as husband and wife. They cared for baby Jesus.



ST. JOSEPH



Mary and Joseph helped each other as husband and wife. They cared for baby Jesus.



Sts. Mary and Joseph

ST. PERPETUA



Perpetua and Felicity helped each other as friends. They were put in jail together for believing in Jesus.



ST. FELICITY



Perpetua and Felicity helped each other as friends. They were put in jail together for believing in Jesus.



Sts. Perpetua and Felicity



THEOLOGY OF THE BODY TIDBITS...

We can read in the Book of Genesis 2:18 that God created the man and woman to be helpers for each other: "The LORD God said: It is not good for the man to be alone. I will make a helper suited to him." We are meant to accompany, encourage and help each other along the pathway home to heaven.

ST. COSMAS



Cosmas and Damian helped each other as twin brothers. They were doctors who helped people who were sick and poor.



ST. DAMIAN



Cosmas and Damian helped each other as twin brothers. They were doctors who helped people who were sick and poor.



Sts. Cosmas and Damian

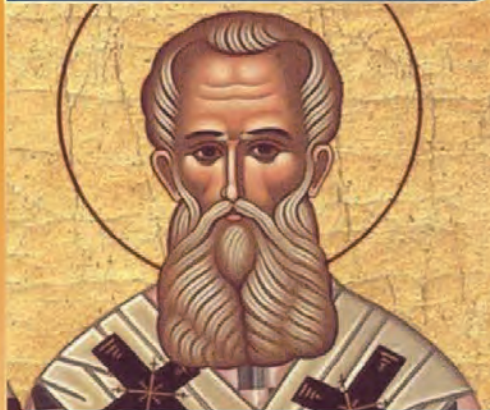
ST. BASIL THE GREAT



Basil and Gregory helped each other as classmates. They helped one another be better Christians.



ST. GREGORY OF NAZIANZUS



Basil and Gregory helped each other as classmates. They helped one another be better Christians.



Sts. Basil and Gregory



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ST. MONICA



Monica and Augustine helped each other as mother and son. Monica prayed for Augustine to become a Christian.



ST. AUGUSTINE



Monica and Augustine helped each other as mother and son. Monica prayed for Augustine to become a Christian.



Sts. Monica and Augustine

ST. PATRICK



Patrick and Brigid helped each other as priest and parishioner. Patrick baptized Brigid and the two became friends.



ST. BRIGID



Patrick and Brigid helped each other as priest and parishioner. Patrick baptized Brigid and the two became friends.



Sts. Patrick and Brigid



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ST. SCHOLASTICA



Scholastica and Benedict helped each other as brother and sister. They would pray for each other.



ST. BENEDICT



Scholastica and Benedict helped each other as brother and sister. They would pray for each other.



Sts. Benedict and Scholastica

ST. ALBERT THE GREAT



Albert and Thomas helped each other as teacher and student. Albert taught Thomas. Thomas became a great teacher.



ST. THOMAS AQUINAS



Albert and Thomas helped each other as teacher and student. Albert taught Thomas. Thomas became a great teacher.



Sts. Albert the Great and Thomas Aquinas



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ST. CLARE



Francis and Clare helped each other as teacher and student. Francis chose to live a life of service to others. Clare chose to live her life like Francis.



ST. FRANCIS OF ASSISI



Francis and Clare helped each other as teacher and student. Francis chose to live a life of service to others. Clare chose to live her life like Francis.



Sts. Clare and Francis of Assisi

ST. IGNATIUS OF LOYOLA



Francis and Ignatius helped each other as classmates. Ignatius helped Francis to learn more about God.



ST. FRANCIS XAVIER



Francis and Ignatius helped each other as classmates. Ignatius helped Francis to learn more about God.



Sts. Ignatius of Loyola and Francis Xavier



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ST. TERESA OF ÁVILA



Teresa and John helped each other as friends. They worked to help others live a life of holiness.



ST. JOHN OF THE CROSS



Teresa and John helped each other as friends. They worked to help others live a life of holiness.



Sts. Teresa of Ávila and John of the Cross

ST. FRANCIS DE SALES



Francis and Jane helped each other as teacher and student. Francis helped Jane know more about God.



ST. JANE DE CHANTAL



Francis and Jane helped each other as teacher and student. Francis helped Jane know more about God.



Sts. Francis de Sales and Jane de Chantal



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ST. ROSE OF LIMA




Martin and Rose helped each other as friends. Together, they cared for the poor and grew closer to God.



ST. MARTIN DE PORRES



Martin and Rose helped each other as friends. Together, they cared for the poor and grew closer to God.



Sts. Rose of Lima and Martin de Porres

ST. MARGARET MARY ALACOQUE



Claude and Margaret helped each other as teacher and student. Claude helped Margaret know more about God.



ST. CLAUDE DE LA COLOMBIÈRE



Claude and Margaret helped each other as teacher and student. Claude helped Margaret know more about God.



Sts. Margaret Mary Alacoque and Claude de la Colombière



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ST. ZÉLIE MARTIN



Louis and Zélie helped each other as husband and wife. They prayed together every day and taught their children about God



ST. LOUIS MARTIN



Louis and Zélie helped each other as husband and wife. They prayed together every day and taught their children about God



Sts. Zélie and Louis Martin



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