

APPENDIX 2

PARENT / GUARDIAN CONNECTION

LEVEL II - JUNIOR HIGH: TOB UNIT 2



THEME: REDEEMED AND CALLED

SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) unit, your child will dive deeply into the theme **Redeemed and Called**.

As Christians who have been redeemed by the death and Resurrection of Jesus, we are able to live with a new measure of freedom. We are given true freedom which is the ability to live in the truth with ease and strength. Though man will always suffer from concupiscence, Christ does not let us carry that burden alone. By giving us the family of the Church to help us along the way, grace is communicated to us through the sacraments. The journey of our life in God begins at Baptism and continues through the other sacraments, the celebration of the liturgy, prayer, sacrifice, service. With this grace our communion with God, others, ourselves, and the world is strengthened.

As the class continues reading the Genesis account in Gen 3:8-21, it is clear that God does not leave Adam and Eve in their brokenness, but rather goes out to find them. In the face of original sin, God offers the way back into full relationship with Himself through Jesus Christ. Redemption is an affirmation that the world is good but is also in need of transformation.

As the lessons unfold, the class will participate in an activity that demonstrates how beauty can be drawn from brokenness. Similarly, Jesus reaches into our own brokenness to heal and transform us into a new creation of beautiful grace and redemption.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTIONS:

How do you see God working in your life right now? How do you see God working in the lives of people you know? **(Note to parents: The Lord wants to be a part of our everyday highs and lows).*



APPENDIX 2

GROW THE SEED



FAMILY ACTIVITY:

Family Holy Hour — Attend Eucharistic Adoration as a family. Prior to attending, discuss the different ways to pray during adoration. (The USCCB website has some tips). Make it a weekly or monthly family event. Remind one another that silence can seem boring, but offering ourselves to Jesus will reap great benefits and powerful graces.

FAMILY PRAYER:

May the Eucharistic heart of Jesus make our hearts humble like His and help us to see the beauty in each day. May we love one another as God loves each one of us, more and more each day, and forgive each other's faults as you forgive our sins.

Amen. Servant of God Takashi Nagai, pray for us!

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.