

APPENDIX 2

PARENT / GUARDIAN CONNECTION

LEVEL I - JR. HIGH: TOB UNIT 6



THEME: ORIGINAL NAKEDNESS

SOW THE SEED



Dear Parents,

In the coming unit, your child will dive deeply into the Theology of the Body (TOB) theme **Original Nakedness**.

The third original experience of Adam and Eve is “original nakedness.” From Gen 2:24: “The man and his wife were both naked, yet they felt no shame.” While this detail makes us a bit uncomfortable, Pope St. John Paul II states that it is extremely important to ponder, because original nakedness is the key to understanding the original pure vision of the human person, created male and female. Everything that we have said about the body and its power to reveal the person and express love is immediately obvious to Adam and Eve. It is the experience of seeing the *whole person* as God sees them, and therefore treating each other with the reverence and respect that is due.

In the next few lessons, your child will study Genesis 3:1-13, which is the narrative of the fall of humanity, or what we call original sin. After original sin, a dramatic change occurred that affected our experience of original nakedness. As we no longer have the eyes to see the world as Adam and Eve did before original sin, we now have a tendency to use one another. By the grace of God, we are called to return to this beautiful vision of ourselves and others that God reveals in original nakedness (modesty is necessary in our fallen world to help restore our purity of gaze for one another).

As the lessons unfold, your child will participate in an activity that will allow the students to express themselves in an artistic way and get to know each other better. In original nakedness, Adam and Eve felt totally loved by God and one another, and therefore were able to fully reveal their minds and hearts to one another as a selfless gift.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTIONS:

Why is it sometimes scary to share with others about ourselves? In what ways do we try to hide ourselves from others?



APPENDIX 2

GROW THE SEED



FAMILY ACTIVITY:

Now You See Me — Each family member writes down a fun fact about themselves that the family may not be aware of (Ex: I used to be a great tap dancer; I want to be a zookeeper). Mix them up and have someone read them aloud to guess who the family member is. Receive what is shared with positivity and reverence. Ask follow-up questions about what each person shared to get to know them better.

FAMILY PRAYER:

Sing together, listen to as a family or read out loud the lyrics of a hymn that your family enjoys hearing at Mass.

St. Teresa of Calcutta, pray for us!

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.