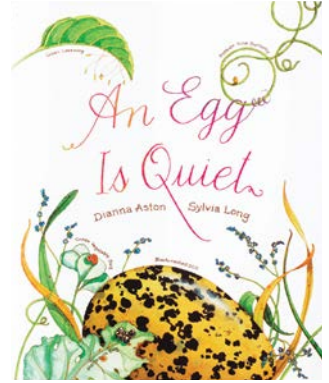


TRY THIS AT HOME!

A THEOLOGY OF THE BODY LESSON FOR THE HOME



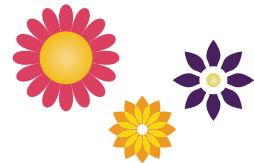
1. Read *An Egg Is Quiet* by Dianna Aston.
2. Ask your child a few questions about the story. Here are a few suggestions:
 - Why are some eggs pointy? How is this good?
 - What happens inside the egg?
 - How does the egg give?
 - Who makes life grow inside the egg?
 - What makes you and I different from the eggs in the story?
3. At the end of the story, choose one of the following activities:



Discuss ways everyone in the house can give life to other members of the household. For example, giving compliments, doing small favors, helping with cleaning, playing together, etc. Make a plan to do something life-giving in the next few hours.

If more time allows you could visit a farm, go bird watching, take a nature walk, or even dye eggs together.

Listen to this song, or another of your choosing, inspired by birdcalls: Vivaldi, Flute Concerto in D, Op. 10/3, RV 428. Encourage your child to dance to the music and mimic the movements of birds or eggs hatching.



4. Pray the Lord's Prayer with your child.

HOW DOES THIS STORY TEACH THEOLOGY OF THE BODY?



We did not create ourselves. Just like all the other creatures, a loving Father created us all. We received our life from God through the participation of a mother and a father. This pattern of giving and receiving can be found in all of creation. That's because in the life of God there is a giving and receiving: the Father gives everything to the Son, the Son receives everything from the Father and offers it back, the giving and receiving between them is so real that it is a third person, the Holy Spirit. You can see how a marriage images God to the world through this same giving and receiving that is fruitful in a new person!