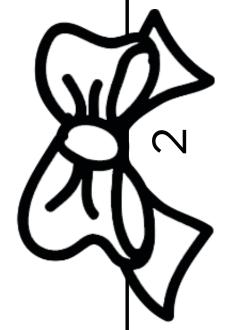
that, "No one takes [my life] from me, but I lay it down on my own." Describe a time that you had to choose to give a gift-of-self. Jesus could have stopped the guards from crucifying him. Instead, Jesus chose to give a total gift-of-self on the cross. He explains in the Bible —John 10:18





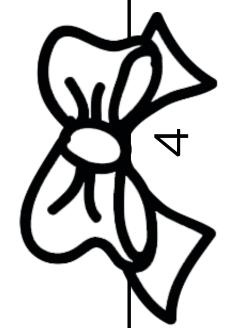
Jesus gives his entire life on the cross. This meant that he gave up every drop of sweat and blood from his body for us. Jesus says, "No one has greater love than this, to lay down one's life for one's friends." —John 15:13

other things for someone else. Describe a time that you sweated or It is unlikely that we will die for someone else, but we can sacrifice bled while helping someone (like your teammates).



for all eternity. Jesus never stops loving us. He never gives up on us. His love is faithful

Have you ever had to help someone for a long period of time? behold, I am with you always, until the end of the age." —Matthew 28:20 In the Bible, Jesus tells us that he will be with us forever. He says, "And



Jesus wants to give us a joy-filled life here on earth. He also wants us Jesus gave a total gift-of-self on the cross to give us a better life. to have the fullness of life as a saint in heaven forever.

Jesus says, "I came so that they might have life and have it more abundantly." —John 10:10 Describe a time that you did something to make someone's life better.

