TRY THIS AT HOME!

A THEOLOGY OF THE BODY LESSON FOR THE HOME

- 1. Read Genesis 2:4-25.
- 2. Ask your child questions about the Scripture account:
 - What does creation look like? Does everything in creation look the same, or are things different? What are the differences?
 - What does God say is good? What is the one thing we come across in the Genesis account that God deems "not good"? Why is that? Does man make a similar discovery, that something is not good?
 - What happens when man names the animals? Does he find any creatures like himself? How is man different from these other creatures?
 - Why does God put the man to sleep? What happens during this sleep?
 - What does Adam say when he wakes up? What is the woman like?
 - In what ways is the relationship between the man and the woman special?
- 3. At the end of the reading choose one of the following activities:

Read about saints who were friends such as: Francis and Clare of Assisi, Perpetua and Felicity, Scholastica and Benedict, Ignatius of Loyola and Francis Xavier and many others! As a family learn more about Eucharistic miracles. Here are a few to consider:

- Siena, Italy in August 1730
- Amsterdam, Holland in 1345
- Blanot, France in March 1331
- Bolsena-Orvieto, Italy in 1263
- Lanciano, Italy in 750

Encourage your child to ask parents, grandparents or another relative met how he/she met his/her spouse.

4. Pray the Lord's Prayer with your child.



WHAT IS ORIGINAL UNITY?

Original solitude points us to the relationship between man and God, while original unity points us to the relationship between man and woman. Masculinity and femininity are two different ways of being created in the image and likeness of God. Man and woman are both equal as persons before God but the differences between them allow man and woman each to learn more about themselves. Each is made for relationship with the other and this relationship is a communion of persons, which is one way man images God. In the Eucharist, Christ reveals perfect communion to us: he sacrifices himself for the redemption of his beloved, the Church. Thus, in the Eucharist we see the perfection of the communion of persons to which the relationship between man and woman has always been pointing. And in the Eucharist we also await the wedding feast of the Lamb in the life to come where all men will be invited into the perfect communion of persons: the Life of God.

ROOTED: THEOLOGY of the BODY K-12 CURRICULUM Copyright © 2018 Ruah Woods Press. www.ruahwoodspress.com