

TRY THIS AT HOME!

A THEOLOGY OF THE BODY LESSON FOR THE HOME



1. Read Genesis 1:1-2:3 and Genesis 2:4-25.
2. Ask your child questions about the Scripture account:
 - Did you notice all the gifts God gives in creation? What was given first? What was the order of creatures?
 - Who is created in God's image and likeness?
 - What happens when man names the animals? Does he find any creatures like himself? How is man different from these other creatures?
 - What commandments did you hear in the reading? What choices do Adam and Eve have?
3. At the end of the reading choose one of the following activities:

Learn about family history through genealogy. Create a small family tree that shows 2 or 3 generations. Explain that Adam is the son of God (Luke 3:38) and through our baptism we all become sons and daughters of God.

Notice that man has the ability to choose between good and evil. Set aside some quiet time to reflect on the choices of the day. Consider ways that conscience can continue to be formed in positive ways. Make a plan to go to confession as a family.

Brainstorm or research with your child some unique abilities that we have as human beings. Don't forget the fact that we stand and walk upright!

4. Pray the Lord's Prayer with your child.

WHAT IS ORIGINAL SOLITUDE?



The experience of original solitude is one in which man learns about himself as a person created in the image and likeness of God. Through the process of naming the animals the man distinguishes himself from the rest of creation in and through his bodiliness. Man is like the rest of the animals insofar as he has a body, and yet his body is very different than any other creature. Man is the only being created, as Genesis tells us, in the "image and likeness" of God. This man—through his unique body—can do that which other creatures cannot: man is able to cultivate and care for the earth, choose between good and evil and is invited into a unique and personal relationship with God.