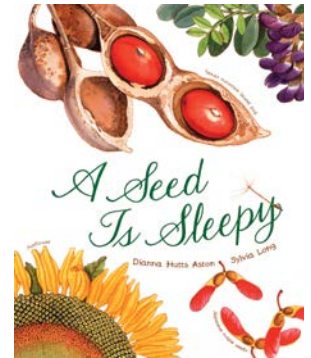


TRY THIS AT HOME!

A THEOLOGY OF THE BODY LESSON FOR THE HOME



1. Read *A Seed Is Sleepy* by Dianna Aston.
2. Ask your child a few questions about the story. Here are a few suggestions:
 - What color are the seeds?
 - Why would a seed want to sleep?
 - What happens inside the seed?
 - Who makes life grow inside the seed?
 - What makes you and I different from the seeds in the story?
 - Is there a way we can help take care of seeds and plants?
3. At the end of the story, choose one of the following activities:



Discuss our dependence on creation for food, shelter and clothing. Go further to discuss our relationships in the family and how we are dependent on each other as well. You might ask: I wonder if we are dependent on someone greater who can take care of all our needs?

Borrow a field guide from a local library and go on a nature walk.

Grow some herbs, vegetables or flowers together.

Prepare a meal with fruits, vegetables, seeds or nuts together as a family.

Give the gift of flowers to someone special and share your love for them.

Gather flowers and press them.

Learn about native plants in your area.

4. Pray with your child; you might consider the Parable of the Sower in Matthew 13:3-8.

HOW DOES THIS STORY TEACH THEOLOGY OF THE BODY?



We can see that all creatures are in relationship with one another. Flowers are dependent on bees or other means of pollination. Seeds are dependent upon light, darkness and proper soil. Animals are dependent upon the plants for food. The pattern of giving and receiving can be found in all of creation. That's because in the life of God there is a giving and receiving: the Father gives everything to the Son, the Son receives everything from the Father and offers it back, the giving and receiving between them is so real that it is a third person, the Holy Spirit. Man is specially made in the image of God. As man and woman we image this giving and receiving that is fruitful in our own lives.